

## Kentucky

**Kentucky's Health Access Nurturing Development Services (HANDS) Home Visiting Program**, is funded in part through federal investments from the Maternal, Infant, and Early Childhood Home Visiting Program (Home Visiting Program), and provides voluntary, evidence-based home visiting services to at-risk pregnant women and parents with young children.

The Home Visiting Program, which builds upon decades of scientific research, provides voluntary, culturally-appropriate, individually-tailored supports to families in their homes, including providing information about children's health, development, and safety, and when appropriate, referrals to support services.

Through federal grants from the Home Visiting Program, in fiscal year 2015, home visitors in Kentucky:

- made 52,552 home visits to 4,448 parents and children in 2,205 families;
- enrolled 1,369 new parents and children to the program; and
- served families living in communities in 76 counties across the state, or 63% of Kentucky counties, of which 64 counties, or 84%, are rural.

The Home Visiting Program in Kentucky:

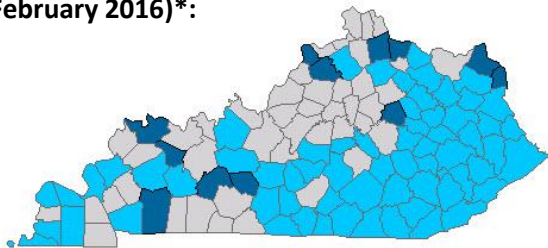
- allowed the expansion of home visiting services to multigravida families in the highest risk counties in the state.

Like all Home Visiting Program grantees, Kentucky uses evidence-based home visiting models that are proven to improve child health and to be cost effective. Kentucky leverages federal funds to implement the following models to serve children and families across the state:

Like all Federal Home Visiting Program grantees, Kentucky uses a home visiting model that is proven effective. Kentucky leverages federal funds to implement the following evidence-based model to serve children and families across the state:

- [Healthy Families America](#)

### Counties with home visiting services funded by federal grants from the Home Visiting Program (as of February 2016)\*:



#### Rural counties:

Ballard, Barren, Bath, Bell, Boyle, Breathitt, Breckinridge, Carter, Casey, Clay, Clinton, Crittenden, Cumberland, Elliott, Estill, Fleming, Floyd, Fulton, Garrard, Graves, Grayson, Green, Harlan, Harrison, Hart, Hickman, Hopkins, Jackson, Johnson, Knott, Knox, Laurel, Lawrence, Lee, Leslie, Letcher, Livingston, McCracken, McCreary, Magoffin, Marion, Martin, Mason, Menifee, Metcalfe, Monroe, Montgomery, Morgan, Muhlenberg, Nicholas, Owen, Owsley, Perry, Pike, Powell, Pulaski, Rockcastle, Rowan, Russell, Taylor, Trigg, Wayne, Whitley, Wolfe

#### Non-rural counties:

Boyd, Bracken, Butler, Christian, Clark, Edmonson, Greenup, Henderson, Henry, McLean, Pendleton, Trimble

### More about Kentucky:

[Kentucky's HANDS](#)

[National Survey of Children's Health 2011/2012 Kentucky Profile](#)

[Title V MCH Block Grant Snapshot for Kentucky](#)

The Maternal, Infant, and Early Childhood Home Visiting Program is administered by the Health Resources and Services Administration (HRSA) in close partnership with the Administration for Children and Families (ACF). The Program supports at-risk pregnant women and families, and helps parents of children from birth to kindergarten entry tap the resources and hone the skills they need to raise children who are physically, socially, and emotionally healthy and ready to learn.

Research shows that home visits by a nurse, social worker, early childhood educator, or other trained professional during pregnancy and in the first years of life improve maternal and child health, prevent child abuse and neglect, increase positive parenting, and enhance child development and school readiness.