

# Home Visiting Program

## Utah

**Utah Home Visiting Program** is funded in part through federal investments from the Maternal, Infant, and Early Childhood Home Visiting Program (Home Visiting Program), and provides voluntary, evidence-based home visiting services to at-risk pregnant women and parents with young children.

The Home Visiting Program, which builds upon decades of scientific research, provides voluntary, culturally-appropriate, individually-tailored supports to families in their homes, including providing information about children's health, development, and safety, and when appropriate, referrals to support services.

Through federal grants from the Home Visiting Program, in fiscal year 2015, home visitors in Utah:

- made 4,842 home visits to 925 parents and children in 551 families;
- enrolled 427 new parents and children to the program; and
- served families living in communities in 10 counties across the state, or 34% of Utah counties, of which 2 counties, or 20%, are rural.

The Home Visiting Program in Utah:

- added 5 new local implementation sites across Utah;
- expanded the annual Utah Home Visiting Conference to accommodate more than 350 attendees; and
- saw the monthly income of families served in 2015 increase from the previous year.

Like all Federal Home Visiting Program grantees, Utah uses home visiting models that are proven effective. Utah leverages federal funds to implement the following evidence-based models to serve children and families across the state:

- [Nurse-Family Partnership](#)
- [Parents as Teachers](#)

### Counties with home visiting services funded by federal grants from the Home Visiting Program (as of February 2016)\*:

 **Rural counties:**

Duchesne, Rich

 **Non-rural counties:**

Box Elder, Cache, Davis, Morgan, Salt Lake, Utah, Washington, Weber



### More about Utah:

[Utah Home Visiting Program](#)

[National Survey of Children's Health 2011/2012 Utah Profile](#)

[Title V MCH Block Grant Snapshot for Utah](#)

The Maternal, Infant, and Early Childhood Home Visiting Program is administered by the Health Resources and Services Administration (HRSA) in close partnership with the Administration for Children and Families (ACF). The Program supports at-risk pregnant women and families, and helps parents of children from birth to kindergarten entry tap the resources and hone the skills they need to raise children who are physically, socially, and emotionally healthy and ready to learn.

Research shows that home visits by a nurse, social worker, early childhood educator, or other trained professional during pregnancy and in the first years of life improve maternal and child health, prevent child abuse and neglect, increase positive parenting, and enhance child development and school readiness.